Nurturing Your Growing Child

Ages 5 to 8



Your school-age child is blossoming at an exciting pace. You can play an active role in nurturing her growth.

Share her excitement over what she's learning in school and over her new friends.

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Continue to read aloud to him, or take turns reading a book together.

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Teach independence by allowing her to help choose her school clothes, help pack lunch, or complete age-appropriate chores.

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Encourage responsibility with homework, showing up for practices, and keeping up with her belongings.

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Carve out time to listen and to play together!

